

**Willie Price Lab School
Menu**

March 19-23, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 9:00	Cheese Grits with a Slice of Turkey Bacon Fruit Juice	Waffle (no syrup) with a Sprinkle of Powdered Sugar Fruit Juice	Whole Wheat Cinnamon Toast Fresh Strawberries Skim Milk	Raspberry Scone Skim Milk	Corn Flakes Cereal with Skim Milk Fruit Juice
Lunch 11:45	Roasted Chicken with Bowtie Pasta in a Light Sauce Whole Wheat Roll Peas and Diced Carrots Fresh Pineapple Milk	Lean Ground Beef Taco with Lettuce, Tomato, & Grated Cheese Whole Kernel Corn ½ cup Diced Pears Milk	Thinly Sliced Baked Ham Steamed Broccoli Whole Wheat Roll Fresh Cantaloupe Skim Milk	Cheese Pizza on Whole Wheat Crust Garden Salad with tomatoes and cucumbers and Low-Cal Ranch ½ cup no-sugar added Mandarin Oranges Skim Milk	Baked Chicken Nuggets with Ketchup Green Beans ½ Twice Baked Potato ½ cup No-Sugar Added Diced Peaches Skim Milk
PM Snack 2:15	Strawberry Yogurt ½ Banana Fruit Juice	Wheat Thin Crackers Cheddar cheese slices with Honey Dew Melon	Chewy Granola Bars (without nuts) Fruit Juice	Savory Chex Mix Fruit Juice	Applesauce and Graham Crackers Water
After-School Snack 4:20	Animal Crackers Grapes Water	Dried Cranberries and Flat Pretzel Chips Water	Whole Grain Goldfish Crackers Water	Sliced Cheddar Cheese and Mini Box of Raisins Water	Vanilla Yogurt with Honey Drizzle and Granola (without nuts) Water